

## SOUP OR 1/2 SANDWICHES

Soup or Chili.....	\$3.69
1/2 Build Your Own Sandwich.....	\$3.99
<i>with soup or salad add \$3.00</i>	
1/2 Super Sandwich.....	\$4.75
<i>with soup or salad add \$3.00</i>	
Soup & Salad.....	\$6.99
Choice of garden or Caesar salad	
1/2 Panini or Hot Sandwich.....	\$4.75
<i>with soup or salad add \$3.00</i>	



## GRILLED FAVORITES

Grilled Cheese (689 C).....	\$4.99
<i>with ham (897 C), turkey (876 C) or tuna (908 C) add \$2.00</i>	
Cheese Quesadilla (513 C).....	\$4.99
<i>with grilled chicken add \$2.00</i>	
Veggie 'n Cheese Quesadilla (623 C)....	\$6.99



## VEGETARIAN \$6.49

<b>Veggie Delight</b> (717 C)	<b>Hummus</b> (689 C)
Avocado, three kinds of cheese, tomatoes, cucumbers, sprouts, green leaf lettuce and mayo	Hummus dip, feta, avocado, tomatoes, cucumbers, olives and green leaf lettuce on squaw bread
<b>Down To Earth (Vegan)</b> (486 C)	
Avocado, sprouts, cucumbers, tomatoes, green leaf, mushrooms, roasted bell peppers, olives and mustard	

## COFFEE & TEA

	S	M	L
Espresso.....	\$1.50	\$1.75	\$2.25
Brewed Coffee.....	\$1.75	\$2.00	\$2.25
Cafe Americano.....	\$2.25	\$2.75	\$3.25
Hammerhead.....	\$2.25	\$2.75	\$3.25
Cafe Au Lait.....	\$2.75	\$3.00	\$3.25
Cappuccino.....	\$2.75	\$3.00	\$3.25
Cafe Latte.....	\$2.75	\$3.00	\$3.25
Cafe Mocha.....	\$3.25	\$3.75	\$4.25
White Mocha.....	\$3.25	\$3.75	\$4.25
Mexican Mocha.....	\$3.25	\$3.75	\$4.25
Tuxedo Mocha.....	\$3.25	\$3.75	\$4.25
Vanilla Latte.....	\$3.25	\$3.75	\$4.25
Caramel Latte.....	\$3.25	\$3.75	\$4.25
Hot Chocolate.....	\$2.00	\$2.50	\$3.00
Hot White Chocolate.....	\$2.25	\$2.75	\$3.25
Hot Mexican Chocolate.....	\$2.25	\$2.75	\$3.25
Chai Tea Latte.....	\$3.00	\$3.50	\$4.00
Hot Tea.....	\$2.00		

<b>Extras \$0.60 each</b>		
Espresso Shot	Flavored Syrup	Whipped Cream
Soy Milk	Caramel Sauce	Almond Milk

## FRAPPE BLENDED COFFEE

	16 oz	20 oz
Mocha.....	\$3.75	\$4.50
Lo-Carb Mocha.....	\$3.75	\$4.50
Vanilla.....	\$3.75	\$4.50
Caramel.....	\$3.75	\$4.50
Chocolate Peanut Butter.....	\$3.75	\$4.50

## SMOOTHIES \$4.50

<b>Razzle Dazzle</b> (289 C)	<b>Protein Shake</b> (368 C)
Strawberry, mango, raspberry	Protein powder, banana, milk
<b>Blueberry Bonanza</b> (289 C)	<b>Acai Smoothies</b> (279 C) <b>\$4.99</b>
Strawberry, banana, blueberry	Acai, Strawberry, banana
<b>Hawaiian Vacation</b> (295 C)	<b>Acai Bowl</b> (279 C) <b>\$5.99</b>
Pineapple, mango, banana	Acai, granola, Strawberry, banana
<b>Strawberry Fields</b> (279 C)	Add Protein Powder or Spinach \$1.00
Strawberry, banana	

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## TO GO MENU



## LOCATIONS

Eddy M's Café UTC in the Executive Square  
(off Genessee & Executive Drive)  
4250 Executive Square, La Jolla, CA 92037  
Café: 858-216-4600  
Text #: 858-353-9985 Text your order in!!!



Eddy M's Café UTC in the La Jolla Commons  
(off Judicial & Executive Drive)  
4747 Executive Drive, San Diego, CA 92121  
Café: 858-750-3015  
Text #: 858-519-7742 Text your order in!!!



Eddy M's Café Kearny Mesa  
(off Aero Drive.)  
3665 Kearny Villa Rd  
San Diego CA 92123  
Tel: 858-430-6688



Eddy M's Coffee Cart  
(off Qualcomm Way)  
3131 Camino Del Rio North, San Diego, CA 92108  
Café: 619-282-1324



Eddy M's Café Mission Valley  
(In the Centerside II Complex)  
3111 Camino Del Rio N. #102,  
San Diego, CA 92108  
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# BREAKFAST



## FAVORITES

EGG WHITES  
ADD \$1.00

**Traditional** (760 C) ..... **\$6.49**  
2 eggs with your choice of 2 meats: bacon, ham, sausage or turkey served with hash browns and choice of toasted bread

## SANDWICHES AND BREAKFAST BURRITOS

EGG WHITES  
ADD \$0.50

**Sunrise Sandwich** (392 C) ..... **\$3.25**  
Your choice of ham, turkey, bacon or sausage with egg and cheese on a toasted English muffin.

**Urban Bagel** (421 C) ..... **\$3.49**  
Egg, cream cheese & avocado on a fresh bagel.

**Bagel Sunrise** (421 C) **NEW** ..... **\$4.45**  
Your choice of ham, turkey, bacon or sausage with egg and cheese on a toasted bagel.

**Breakfast Croissant** (526 C) ..... **\$4.45**  
Your choice of ham, turkey, bacon or sausage with two eggs and cheese on a flaky croissant

**Breakfast Burrito** (616 C) ..... **\$5.49**  
Potato, eggs, cheese and salsa with your choice of ham, turkey, bacon or sausage in a flour or wheat tortilla. *No meat less \$1.00* (565 C)

**Fresh Bagels** (240/360 C) ..... **\$1.50**  
Toasted bagel of your choice. *With cream cheese add \$1.25*  
*With cream cheese and ham or bacon add \$2.25*

## BREAKFAST WRAPS

EGG WHITES  
ADD \$0.50

YOU GET 2 WRAPS WITH YOUR CHOICE OF CORN OR FLOUR TORTILLA

**Spinach Swiss Wrap** (389 C) **NEW** ..... **\$4.99**  
Fresh spinach, scrambled eggs & Swiss cheese in a warm tortilla.

**Denver Wrap** (414 C) **NEW** ..... **\$4.99**  
Honey ham, scrambled eggs & cheddar cheese in a warm tortilla.

**Bacon or Sausage Wrap** (417 C) **NEW** ..... **\$4.99**  
Choice of apple smoked bacon or sausage, scrambled eggs & shredded Jack 'n cheddar in a warm tortilla.

## OMELETS

EGG WHITES  
ADD \$1.00

ALL OMELETS SERVED WITH HOUSE POTATOES OR FRESH FRUIT

**Denver** (775 C) ..... **\$5.49**  
Smoked ham, bell peppers, onions, with cheddar cheese

**Californian** (717 C) ..... **\$5.49**  
Smoked turkey, tomatoes, spinach and cheddar cheese topped with sliced avocado

**Vegetarian** (709 C) **NEW** ..... **\$5.49**  
Spinach, broccoli, mushrooms, bell peppers, tomatoes with 2-cheese mixed and topped with sliced avocado and fresh sprouts

### Sides

<b>Two Eggs</b> (92 C) ..... <b>\$3.25</b>	<b>Bacon 4 Slices</b> (126 C) ..... <b>\$2.50</b>
<b>Hash Browns</b> (170 C) ..... <b>\$1.89</b>	<b>Sausage 2 Slices</b> (170 C) ..... <b>\$2.50</b>
<b>House Potatoes</b> (170 C) ..... <b>\$1.89</b>	<b>Toast</b> (130/266 C) ..... <b>\$1.50</b>

# FRESH SALADS

GLUTEN FREE MOST SALADS

**Earthly Delight Salad** (128/307 C) **NEW** ..... **\$7.49**  
Organic green mix, 3 bean mix, tomatoes, cucumbers, sprouts, mushrooms, avocado, sunflower seeds with your choice of dressing

**Chinese Chicken Salad** (417/585 C) **NEW** ..... **\$7.99**  
Grilled chicken breast, mandarin oranges, shredded romaine lettuce, shredded cabbage, slivered almonds, crispy noodles, sesame seeds, with homemade Chinese dressing

**Spinach Feta Salad** (225/443 C) **NEW** ..... **\$6.99**  
Organic spinach, feta cheese, strawberries, walnuts, raisins with balsamic vinaigrette.  
*With grilled chicken add L \$1.75* (417/572 C)

**Salmon Salad** (495/589 C) **NEW** ..... **\$7.99**  
Grilled salmon, organic green mix, capers, walnuts and goat cheese with ginger vinaigrette

**Albacore Tuna Salad** (489/610 C) **NEW** ..... **\$7.49**  
Albacore tuna, pasta salad, tomatoes and cucumbers on a bed of green leaf.

**Caesar Salad** (215/426 C) **NEW** ..... **\$4.99** **\$6.24**  
Crisp romaine, shredded parmesan cheese, tossed with a creamy Caesar dressing, topped with seasoned croutons.  
*with grilled chicken add S \$1.25 L \$2.00* (404/542 C)

**Greek Salad** (293/482 C) **NEW** ..... **\$4.99** **\$6.99**  
Greek feta, tomatoes, cucumbers, red onions, pepperoncinis, Kalamata olives, over crisp romaine lettuce with herb vinaigrette.  
*with grilled chicken add S \$1.25 L \$2.00* (392/592 C)

**Santa Fe Chicken Salad** (763 C) **NEW** **NEW** ..... **\$7.99**  
Grilled chicken, corn, black bean, onions, avocado, shredded cheese on a bed of romaine lettuce.

**Chicken Artichoke Salad** (660 C) **NEW** **NEW** ..... **\$7.99**  
Grilled chicken, marinated artichokes, feta cheese, tomatoes, cucumbers & avocado.

**Quinoa Salad** (536 C) **NEW** **NEW** ..... **\$7.99**  
Quinoa, spring mix, garbanzo beans, feta cheese, avocado, tomato, cucumbers with a ginger vinaigrette dressing.  
*With grilled chicken add \$1.75* (672 C)

**Chef Salad** (736 C) ..... **\$7.99**  
Smoked turkey, honey ham, hard boiled egg, shredded cheese, tomatoes and cucumbers over green leaf lettuce with your choice of dressing.

**Cobb Salad** (889 C) ..... **\$7.99**  
Grilled chicken breast, Crispy bacon, sliced avocado, blue cheese, hard-boiled egg, tomatoes and cucumbers over green leaf lettuce with your choice of dressing.

**House Salad** (102 C) **NEW** ..... **\$3.99**  
Tomatoes, cucumbers, shredded carrots and shredded cheese over green leaf lettuce with your choice of dressing.

# MEDITERRANEAN

**Chicken Kabob or Gyro Plate** (972/998 C) ..... **\$9.25**  
Grilled chicken or beef gyros served with yellow rice, hummus dip, Greek salad and warm pita bread.

**Chicken Kabob or Gyro Wrap** (776/835 C) **NEW** ..... **\$9.25**  
Grilled chicken or beef gyros, grilled bell peppers and onions, served with hummus, rice, feta cheese, tzatziki sauce and Greek salad in a warm wheat tortilla.

# SANDWICHES

Make it a combo  
add chips & 20oz Drink  
for only \$2.50

## BUILD YOUR OWN \$6.99 - HALF SANDWICH \$3.99

CHOOSE A MEAT, CHEESE AND BREAD.  
INCLUDES MAYO, MUSTARD, LETTUCE, TOMATOES

### Meats:

Smoked Turkey (636 C)  
Honey Ham (669 C)  
Lean Roast Beef (719 C)  
Pastrami (821 C)  
BLT (887 C)  
Tuna Salad (671 C)  
Chicken Salad (642 C)

### Bread:

White (140 C)  
Wheat (170 C)  
Sourdough (150 C)  
Rye (125 C)  
Squaw (170 C)  
French Roll (197 C)  
Tortilla Wrap (130/210 C)  
Croissant add \$0.50 (287 C)

### Cheeses:

Swiss (160 C)  
Provolone (100 C)  
Cheddar (160 C)  
Jack (180 C)  
Pepper Jack (160 C)  
American (300 C)



### Extras

Bacon (100 C) ..... **\$1.25**  
Avocado (50 C) ..... **\$1.00**  
Cheese (100/300 C) ..... **\$0.65**

## SUPER SANDWICHES \$7.99 - HALF SANDWICH \$4.75

YOUR CHOICE OF BREAD

### Super California

(875 C)  
Smoked turkey, bacon, avocado, lettuce, tomatoes, cheddar cheese and mayo

### Super Club

(867 C)  
Smoked turkey, honey ham, bacon, Jack, mayo, mustard, lettuce and tomatoes

### Turkey Cranberry

(729 C) **NEW**  
Turkey, herb cream cheese, cranberry sauce, lettuce on toasted sourdough.

### Super Delicious

(849 C)  
Lean roast beef, smoked turkey, provolone, mayo, mustard, lettuce and tomatoes

### Super Submarine

(895 C)  
Salami, mortadella, bologna, honey ham, provolone and American cheese on an 8 inch roll with Italian dressing, mayo, mustard, lettuce and tomatoes

### Super BLT

(1018 C)  
Crisp bacon, avocado, cream cheese, lettuce, tomatoes and mayo



## HOT N TASTY PANINIS \$7.99 - HALF SANDWICH \$4.75

### Chicken Artichoke

(875 C)  
Hot chicken breast, marinated artichoke hearts, tomatoes, melted Swiss cheese, mayo and mustard on rosemary herb focaccia bread

### Tuscany Turkey

(661 C)  
Smoked turkey, sun-dried tomato, melted Jack cheese, mayo and mustard on sourdough bread

### Ham Torta

(728 C)  
Hot smoked ham, melted Jack cheese, red onions, jalapeños, tomatoes, avocado and mayo on warm torta bread

### Roast Beef Ortega

(780 C)  
Hot lean roast beef, melted pepper Jack and cheddar cheese, Ortega chili, tomatoes and mayo on toasted sourdough

### Rotisserie Garlic Chicken

(711 C) **NEW**  
Rotisserie chicken, garlic spread pickles, tomatoes on a french roll.



## HOT SANDWICHES \$7.99 - HALF SANDWICH \$4.75

**Philly Cheese Steak** (798 C)  
Thinly sliced rib-eye steak, grilled onions, green peppers, provolone cheese and mayo on an 8 inch roll



**Reuben** (768 C)  
Pastrami, sauerkraut, melted Swiss cheese and thousand island dressing on rye bread

### Hot Delicious

(698 C)  
Hot smoked turkey, melted Jack cheese, avocado, mayo, lettuce and tomatoes on pita bread

### French Dip

(731 C)  
Hot lean roast beef with melted Jack cheese in a warm French roll and Au Jus dip

### Ranch Chipotle Chicken

(708 C)  
Grilled chicken, ranch chipotle sauce, melted jack, tomato on a toasted Roll

### Cilantro Rotisserie Chicken

(705 C) **NEW**  
rotisserie chicken, melted jack cheese, cilantro, cucumber, shredded carrots and herb ranch on a french roll

### BBQ Chicken

(719 C) **NEW**  
Pulled chicken, bbq sauce, cole slaw on a brioche bun

### Chicken Cordon Bleu

(719 C)  
Chicken breast, honey ham, melted provolone cheese with tomatoes, lettuce and mayo on a French baguette

## SPECIALTY WRAPS \$7.99

CHOICE OF SPINACH, SUN DRIED TOMATO, WHEAT OR FLOUR TORTILLA  
SERVED WITH PASTA SALAD

### Feta Chicken

(782 C) **NEW**  
Grilled chicken breast, feta cheese, romaine lettuce, tomatoes, cucumbers, red onions, olives and vinaigrette dressing

### Chicken Caesar

(752 C) **NEW**  
Grilled chicken breast, romaine lettuce, parmesan cheese and a creamy Caesar dressing

### Cobb Wrap

(807 C) **NEW**  
Roasted chicken, bacon, avocado, lettuce, crumbled blue cheese and ranch dressing

### Thai Chicken

(713 C) **NEW**  
Grilled chicken breast, shredded cabbage, green leaf lettuce, slivered almonds, sesame seeds, crunchy noodles and Thai peanut sauce

### Chicken Quinoa

(790 C) **NEW**  
roasted chicken, quinoa, avo, feta cheese, lettuce, tomato and ginger vinaigrette

## BURGERS

ALL BURGERS ARE SERVED WITH FRIES  
WITH YOUR CHOICE OF SESAME SEED OR WHEAT BUN

**Cheese Burger** (1188 C) ..... **\$6.99**  
¼ lb Beef patty with melted American cheese, ketchup, mustard, mayo, lettuce, tomatoes and red onions. *with bacon add \$1.00* (1358 C)

**Chicken Supreme Burger** (993 C) ..... **\$7.49**  
Grilled chicken breast, melted provolone cheese, avocado, lettuce, tomatoes and italian dressing

**Veggie Burger** (902 C) ..... **\$6.99**  
Veggie patty, roasted red peppers, melted Swiss cheese, lettuce, tomatoes, mustard and ketchup

### Turkey Feta Burger

(998 C) ..... **\$7.49**  
Ground turkey patty, feta cheese, mustard and mayo sauce lettuce, tomatoes and grilled onions

### Salmon Burger

(970 C) ..... **\$7.49**  
Salmon burger, sun-dried tomatoes, spring mix, mayo and mustard

### Cobb Burger

(970 C) **NEW** ..... **\$7.99**  
¼ lb beef patty, blue cheese crumble, bacon, mayo, tom, lett & avocado



Catering menu available  
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